

Prepared by the Department of Health Sciences
Date of Departmental Approval: March 6, 2006
Date approved by Curriculum and Programs: April 26, 2006

Effective: Fall 2006

1. **Course Number: CNA 117**
Course Title: Tri-level Nursing Assistant/Home Health Aide
2. **Description:** This 140 hour course, 75 hours classroom and lab and 65 hours of supervised clinical practice, teaches basic nursing skills and beginning interpersonal relationship techniques to entry-level students in the classroom and clinical area. The curriculum is divided into three levels of care: long term, home health and acute. It is possible to exit with certification upon completion of any one of the levels. Applicants must attend an information session and interview prior to admission.
3. **Student Learning Outcomes (instructional objectives: intellectual skills):**
Upon successful completion of the course, students are able to do the following:
 - Provide basic care in activities of daily living to patients of all ages under the direction and supervision of the registered nurse in healthcare facilities and in private homes
 - Demonstrate basic competence in skills required by state and federal guidelines
 - Communicates a caring attitude and behaviors in all professional interactions
 - Apply principles of patient safety and infection control
 - Pass the state exam both written and skills demonstration and be placed in the Nurse Aide Registry
4. **Credits:** Six credits
5. **Satisfies General Education Requirement:** No
6. **Prerequisite(s):** None
7. **Semester(s) Offered:** Fall, Spring
8. **Suggested General Guidelines for Evaluation:**
 - a) Weekly quizzes - 80%
 - b) Must have at least 75% to pass the course.
 - c) One written paper and class presentation on a clinical topic- 20%
 - d) Supervised clinical practice - pass/fail (must pass clinical to pass course).
 - e) 100% competency is required of those skills designated on the Skills Assessment Sheet with an asterisk (*).
9. **Content Outline of Course :** Attached

CONTENT FOR CNA117 TRI-LEVEL NURSING ASSISTANT/HOME HEALTH AIDE

LEVEL 1. LONG TERM CARE CONTENT

1. ORIENTATION AND INTRODUCTION TO CARING BEHAVIORS
2. STUDY SKILLS
3. NURSE AIDE'S ROLE IN HEALTH CARE
4. SAFETY: UNIVERSAL OR STANDARD PRECAUTIONS AND BODY MECHANICS
5. FIRE SAFETY & RESTRAINT PROCEDURES
6. PATIENT RIGHTS
7. BASIC PATIENT CARE
8. COMMUNICATION SKILLS and OBSERVATION AND REPORTING
9. VITAL SIGNS, HEIGHT & WEIGHT
10. AGING PROCESS
11. ELIMINATION
12. REHABILITATION/RANGE OF MOTION/POSITIONING
13. NUTRITION
14. INTAKE AND OUTPUT
15. MENTAL HEALTH
16. DEALING WITH DEMENTIA
17. STRESS MANAGEMENT
18. GRIEF AND LOSS AND THE DYING PATIENT
19. INFECTION CONTROL
20. **SUPERVISED CLINICAL PRACTICE IN A NURSING HOME--30 HOURS**

ADDITIONAL HOMEWORK

ASSIGNMENTS:

- HUMAN GROWTH AND DEVELOPMENT
- MEDICAL TERMINOLOGY
- ANATOMY AND PHYSIOLOGY
- CANCER CARE
- CARING FOR HEARING AID

LEVEL 2 – MASS COUNCIL APPROVED HOME HEALTH AIDE CONTENT

1. CPR & FIRST AIDE (16 HOURS)
 2. MEAL PLANNING AND PREPARATION
 3. HOUSEHOLD SAFETY AND MANAGEMENT
 4. FAMILY RELATIONSHIPS
 5. COMMON HEALTH PROBLEMS
 6. HUMAN GROWTH AND DEVELOPMENT
 7. MEDICATION RESPONSIBILITIES
 8. ETHICAL DILEMMAS
 9. A DAY IN THE LIFE OF A HOME HEALTH AIDE 5 HOUR FIELD EXPERIENCE
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LEVEL 3 – TOPICS FOR NURSING ASSISTANT IN ACUTE CARE

1. SPECIAL PROCEDURES
 - a. APPLICATION OF HEAT & COLD AND
 - b. ADMINISTERING OXYGEN
 2. ADMISSION, TRANSFER, & DISCHARGE PROCEDURE
 3. ISOLATION TECHNIQUE
 4. STERILITY
 5. PRE AND POST OP PROCEDURES
 6. SPECIMEN COLLECTION AND TESTING
 7. DRESSINGS AND OSTOMY CARE
 8. INTRAVENOUS OBSERVATIONS
 9. SUPERVISED CLINICAL PRACTICE IN HOSPITAL SETTING 30 HOURS
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CLOSING INTERVIEW EVALUATION, EDUCATIONAL AND EMPLOYMENT OPPORTUNITIES

- WRITE ABOUT AN INCIDENT IN WHICH YOU OBSERVED CARING BEHAVIOR BUT DO NOT USE THE WORD "CARING". THE PURPOSE IS TO IDENTIFY, IN DETAIL, A BEHAVIOR THAT DEMONSTRATES CARING AND BRING IT WITH YOU TO THE CLOSING INTERVIEW.

Revised 3/06