



Photo by Haley Cote

The tennis courts at CCCC provide a great outlet for students to get their exercise, unwind, and just have some fun.

## Tennis: Are you game?

by Dawn McDermott

Tennis courts on Cape Cod Community College campus can provide an outdoor activity for students looking for ways to enjoy the mild weather, which continues across Cape Cod. The National Weather Service predicts the warm trend to continue with high's remaining in the sixties, until at least month's end.

There are six courts which can be utilized for either singles or doubles tennis play. Individuals looking for tennis partners can add their name, telephone number and dates available to a signup sheet located on a bulletin board on the lower floor of the Life Fitness Center. The heading on the signup sheet reads, "Tennis: Are You Game?", inviting people to come together and play.

"It's a great place to have fun with exercise and have a chance to meet new

people. It's also a great place to unwind," said Loretta Santangelo, coordinator of the Life Fitness Center. Santangelo explained that students of CCCC can either bring their own equipment or they can rent tennis equipment from the LFC with a valid student ID. The LFC is open Monday through Friday from 7:30 a.m. until 6:30 p.m.

For students looking for some solitary tennis play, there is also an isolated fenced-in court, which is located on the backside of the six doubles and singles courts. An individual can play a solo game of tennis against a large concrete wall within a smaller contained area.

All the CCCC tennis courts are open for students and members of the public, and can be used between the hours of 6 a.m. and 9 p.m. daily while in season.

## Résumé writing for adult learners coming soon

by Alexandria Kessler

Currently there are over 700 adult learners in the system at Cape Cod Community College. Due to the meager economy, more and more adults have been returning to college to broaden horizons, further their education, and even change careers.

Dawn Harney, advisor and career placement specialist at Cape Cod Community College has seen this "huge thrust throughout the nation" to resume and further education.

Harney is offering three workshops for adult learners and anyone else in need of assistance with résumés or entering the workforce. The workshop dates are to be announced.

The first workshop, résumé writing, will focus on proper format of a résumé for the specific career opportunity or future employee. Transferable skills and what those

re-entering the work force should and shouldn't do will also be covered.

The résumé writing drop-in course session will follow. Students may stop by to work on, revise, and update résumés with Harney and learning specialist Paula Fay.

The final course, Online Job Searching, will use the college's central network for job processing. This workshop will discuss how to access the site, where to find resources, how to upload résumés, and where one might find out which employers are recruiting on campus.

Harney has high hopes for these workshops. "I love presenting and connecting with students. I can share my knowledge in career exploration and the Cape." The Adult Learners Program offers these extra courses each semester. Dates are coming soon.

## Benefits of service learning

by Nate Lyon

With competition at its highest for a shot at attending a good university and ultimately landing a good job, students must take every opportunity they can to better themselves and build their professional resume.

Cape Cod Community College offers many clubs and activities outside of class, but with jobs and other obligations students have to fulfill, many can't find the time to join one. However, other options are available, such as service learning opportunities.

These opportunities were created with the intention of fulfilling the community's needs and providing the students with the necessary skills they need to put toward future education and their career. Most of these community opportunities are based around the student's availability, and most importantly their willingness to succeed as a professional individual.

Economics Professor Virender Gautam is in charge of the Economics Club coffee stand (located in the crossing between the North and South building), which is one of the many popular on-campus service learning opportunities that the college has to offer. During each of his economics classes Gautam distributes a schedule of the available hours of operation for the coffee stand that students can choose from. A short training session is provided, as well as assistance and interaction from the professor, making this community service fun, easy and well worth any student's time.

Service learning has proven itself to often be a stepping stone for many students to make it from the classroom to student clubs, and the guidance that is provided from the professors and the overall experience is something that cannot be replaced and should not be missed.



photo by John Wallace

Kevin Cox, a member of the Student Senate, secretary of the Debate Club, assistant teacher for Project Forward, a Presidential Student Ambassador, and a student tutor, is the epitome of leadership in the CCCC community.

## Kevin Cox: A school leader

by John Wallace

"Do one thing every day that scares you," said Cape Cod Community College Student Senate member Kevin Cox when asked what advice he had for new students. Twenty-three year old Cox borrowed this quote from Eleanor Roosevelt to describe how someone can get involved in the school community.

Along with being a member of the Student Senate, Cox is a member and secretary for the Debate Club, an assistant teacher for Project Forward, a Presidential Student Ambassador and a tutor in English, philosophy, and environmental science.

Cox regrets that he wasn't always as involved in the school community as he is now. Cox attended his first college semester at the University of California, San Francisco. He returned to Cape Cod after finding that the university was too expensive for him.

Cox didn't immediately take his own advice when he arrived at Cape Cod Community College. He juggled a huge workload between classes and trying to find his calling in the work force. Cox described how he had twelve different jobs in a few months and "was only fired from one." He explained that he thought he could find a career by finding the right job. Cox was taking five classes a semes-

ter and working 45 hours a week before a dramatic event caused Cox to reevaluate his use of time.

Kevin lost a very close friend, Matt Warren. Matt was profoundly involved in every community he was a part of. Cox said that he felt he couldn't let an influence on the world like that be lost. In loving memory of Matt Warren, Cox was compelled to begin getting involved wherever he could.

Cox began volunteering to help at Cape Cod Community College's program for young adults with serious special needs, Project Forward. That same semester he later accepted an honors contract in Professor Dianne Gregory's world mythology class.

Cox soon after went to view a debate that the college's debate team was holding. He and a friend were coaxed into participating and are now active members on the team. Kevin felt great about his newfound use of his time and decided to run for a seat on the Student Senate. The slogan "Cox Rocks" earned him his place.

Since then Cox has become a tutor in three different subjects and a Presidential Student Ambassador. He urges everyone to get involved in his or her community somehow and reminds us to "do one thing every day that scares you."

## Basketball Tournament Results

The Life Fitness Center here at Cape Cod Community College hosts weekly basketball tournaments in the center's gym. Congratulations to the following winners for the week of Oct. 25:

Adelson Aristhomene  
Tim Luff  
Peter Rischitelli  
Greg Roche  
Craig Seddon