

Cape Cod Community College

Course Syllabus

Prepared by the Department of Health Sciences

Date of Departmental Approval: March 26, 2007

Date approved by Curriculum and Programs: December 5, 2007

Effective: Fall 2008

1. **Course Number:** CNA114
Course Title: Effective Strategies for Working with Alzheimer's Patients
2. **Description:** This course is designed to offer caregivers of persons with Alzheimer's disease a variety of strategies to use in meeting the person's needs and understanding and dealing with often difficult behaviors.
3. **Student Outcomes:** Upon completion of this course, the students are able to:
 - Explain the pathology and stages of Alzheimer's disease
 - Utilize new strategies to improve communication
 - Demonstrate techniques for management of activities of daily living and difficult behaviors
 - Implement stress management strategies for self-care
4. **Credits:** One credit
5. **Required or elective:** Elective
6. **Satisfies General Education, Core or Distribution Requirement:** No
7. **Prerequisite:** None
8. **Level of Course:** Introductory
9. **General Statement of Evaluation:** Evaluation based on cognitive testing of theory in quizzes and final, participation in discussion and/or written report on situations encountered in the student's practice and application of concepts learned.
10. **Content Outline of Course (Sufficiently detailed for the reader to ascertain the contents and topics for the course):**

CNA114. Effective Strategies for Working with Alzheimer's Patients Content Outline

1. Pathology and Progression of the Disease
2. Communication Strategies to use with Persons with Alzheimer's Disease
3. Managing the Activities of Daily Living
4. Managing Difficult Behaviors
5. Socialization of Persons with Alzheimer's Disease
6. Caring for the Caregiver: Stress Management Techniques
7. Case Studies and Problem Solving
8. Caring for the Caregiver: Stress Management Techniques
9. Case Studies and Problem Solving