

Prepared by the Department of Health Sciences
Date of Departmental Approval: March 26, 2007
Date approved by Curriculum and Programs: December 5, 2007

Effective: Fall 2008

1. **Course Number:** CNA113
Course Title: Advanced Rehabilitation Nursing Assistant
2. **Description:** This course is designed to enhance the knowledge of rehabilitation and restorative care concepts for the nursing assistant working in a variety of settings with people of all ages.
3. **Student Learning Outcomes:** This course is designed to provide the student with an advanced perspective on the role and responsibilities of the Nursing Assistant/Home Health Aide who assist in the rehabilitation and restorative plan of care established by and under the supervision of the physical therapist, occupational therapist, speech therapist and/or registered nurse.

Upon successful completion of this course, students are able to do the following:

- Describe the care of patients experiencing special needs in a variety of special situations i.e. functional deficits, seizures, feeding problems, sensory impairments & behavioral issues etc. Students will contribute topics related to issues that they are facing in their current practice.
- Demonstrate procedures related to proper body positioning, patient mobility and performance of activities of daily living, recognizing abnormal muscle tone and patterns.
- Describe selected common diseases and disabilities requiring rehabilitation
- Demonstrate proficiency in using adaptive equipment.
- Discuss selected legal and ethical issues in rehab situations.

4. **Credits:** One credit
5. **Satisfies General Education Requirement:** No
6. **Prerequisite:** Documentation of at least a 75-hour nursing assistant and/or home health aide course
7. **Semester(s) Offered:** Varies
8. **Suggested General Guidelines for Evaluation:** Evaluation based on cognitive testing of theory in quizzes and final, participation in discussion and/or written report on rehab situations encountered in the student's practice and application of concepts learned.
9. **General Topical Outline (Optional):** See attached

CNA113
Advanced Rehabilitation Nursing Assistant

Content Outline

1. The rehabilitation/restorative care philosophy
2. The rehabilitation team
3. *Common diseases and conditions requiring rehabilitation
4. *Rehab needs of special populations and in special situations
 - Functional deficits
 - Mobility deficits
 - Sensory Impairments
 - Seizure disorders
 - Feeding problems
 - Communication problems
5. Rehab and restorative procedures
 - Mobility
 - Transfers
 - Positioning
 - Activities of Daily Living
6. Use of Adaptive Equipment
7. Legal and Ethical Issues around Rehabilitation and Restorative Care

*Note: This course can be offered at the college for CNA/HHAs from a variety of settings and it can be customized and taken on the road to various health care settings and offered to staff. Therefore specifics of the content such as diseases and conditions as well as procedures and adaptive equipment focus on specific rehab needs met in that particular facility while maintaining the integrity of the syllabus.