

Prepared by the Department of Health Sciences
Date of Departmental Approval: February 1, 2018
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Effective: Fall 2018

1. Course Number: NUR201 (includes NUR601 Nursing Clinical)
Course Title: Physical and Mental Health I

2. Description: This course focuses on the patient/client across the life span with acute major health problems. The curriculum builds upon knowledge of scientific principles and utilization of critical thinking. Nursing process, interpersonal communication, stress adaptation, cultural competence and environmental influences are integrated. The structured acute care setting and the on-campus nursing laboratory are primarily utilized for application of nursing knowledge and development of clinical skills. Campus laboratory experiences are assigned in addition to class and clinical schedule.

3. Student Learning Outcomes:

Upon successful completion of this course, students are able to do the following:

- Analyze data from the biopsychosocial sciences to provide care for patients/clients with common health problems.
- Utilize critical thinking to implement the nursing process based on functional health patterns in providing care.
- Consider the patients/clients relationship to family, community and their cultural backgrounds in providing direct care in structured acute care setting.
- Demonstrate a caring and therapeutic nurse/patient /client relationship.
- Analyze the concepts of stress adaptation as they impact the patient/client with acute common health problems.
- Interact with members of the multidisciplinary health care team for planning delivery of care and referrals in a structured setting.
- Demonstrate accountability in patient/client care.
- Demonstrate ethical behavior in patient/client care.
- Compare new knowledge with prior knowledge to determine the value added, contradictions, or other unique characteristics of the information.

4. Credits: 10 credits

5. Satisfies General Education Requirement: No

6. Prerequisites: NUR108 (Nursing Across the Lifespan) or NUR132 (Licensed Practical Nurse in Transition) and current Basic Life Support (BLS) certification in cardio-pulmonary resuscitation (CPR) for Health Care Providers.

Co-requisites: HEA200 (Pharmacology) and BIO281 (Microbiology)

7. Semester(s) Offered: Fall

8. Suggested General Guidelines for Evaluation: Evaluation in NUR201/NUR601 is an ongoing, combined formative and summative process based upon cognitive exams, written assignments, and clinical laboratory process. Evaluation of critical thinking includes: preparations, application of principles to practices, progress in psychomotor skills, and pre and post conference participation. The student must demonstrate ethical standards and accountability in behavior and in patient care.

9. General Topical Outline (Optional): For schedule, see attached calendar, which includes class, clinical, and lab outlines.

- a. Orientation - OSHA/Fire
- b. Nursing Process and Patient Assessment
- c. Assessment & Care of Patients with Line Therapy
- d. Assessment and Care of Patients with Cardiac Problems.
- e. Assessment and Care of the Patient with Respiratory Problems.
- f. Assessment & Care of Patients with Neurological Problems

- g. Stress
- h. Assessment and Care of Patients with Liver Disorders
- i. Assessment and Care of Patients with problems of the Upper GI tract.
- j. Assessment and Care of Patients with problems of the Lower GI Tract.
- k. Assessment and Care of Patients with problems of Accessory Organs.
- l. Assessment and Care of Patients with Infectious and Communicable Diseases.
- m. Assessment and Care of Oncology Patients.
- n. Assessment and Care of Patients with Endocrine Problems.
- o. Assessment and Care of Male Patients with Reproductive Health Problems.
- p. Assessment and Care of Women with Reproductive Health Problems.
- q. Emergency Nursing
- r. Assessment and Care of Patients with Acute Renal Disorders