

Prepared by the Department of Health Sciences

Date of Departmental Approval: October 22, 2007

Date approved by Curriculum and Programs: January 22, 2008

Effective: Fall 2008

1. **Course Number:** NUR202 (includes NUR602 Nursing Clinical)
Course Title: Physical and Mental Health Nursing II
2. **Description:** This course is the continuing study of patient/client needs within an integrated framework. Focus is on the patient/client across the life span with chronic health problems. Emphasis is on the areas of rehabilitation, gerontology, mental health and community. Psychiatric, rehabilitation, medical-surgical and community based agencies are utilized for application of nursing knowledge and clinical skills. Campus laboratory experiences are assigned in addition to class and clinical schedule.

3. Student Learning Outcomes:

Upon successful completion of this course, students are able to do the following:

- Synthesize knowledge of biopsychosocial sciences to provide care and promote health for patients/clients with chronic health problems.
- Integrate the components of the nursing process to assist patient/client to move toward optimal health.
- Integrate knowledge of the patient/client relationship to family, community and external environment while providing culturally competent nursing care.
- Develop a therapeutic nurse patient/client relationship considering advocacy and ethical principles.
- Synthesize concepts of stress adaptation to implement the plan of care for patient/client with chronic common health problems.
- Demonstrate accountability and ethical principles while functioning as a member of the multidisciplinary health team.
- Devise a plan to implement evidence-based practice in a variety of clinical settings.

4. Credits: 8 credits

5. Satisfies General Education Requirement: No

6. Prerequisites: NUR201 (Physical & Mental Health I), HEA200 (Pharmacology), and BIO281 (Microbiology)

7. Semester(s) Offered: Spring

8. Suggested General Guidelines for Evaluation: Students will be evaluated on class content via cognitive exams, class participation, and written assignments. The clinical laboratory evaluation will be based upon preparation, application of content, pre and post conference, and assignments. Campus lab will be evaluated via cognitive exam, participation, and demonstration of skills.

9. General Topical Outline (Optional):

- A. Overview and perspectives of selected domain of nursing
 - a. Orientation
 - b. Therapeutic Nurse/Patient Relationship/Therapeutic Communication
 - c. Mental Health Assessment
 - d. Legal Issues in Psychiatric/Mental Health Nursing
 - e. Perspective of Mental Health Nursing
 - f. Therapeutic Approaches in Psychiatric Care
 - g. Perspective of Community Nurse
 - h. Perspective of Rehabilitation Nursing
 - i. Perspective of Gerontology

B. Mental Health Nursing

- a. Schizophrenic Disorders
- b. Personality Disorders
- c. Mood Disorders (lifespan)
- d. Anxiety / Suicide
- e. Crisis Intervention
- f. Disorders usually first evident in infancy, childhood, and adolescence
- g. Addictive Disorders
- h. Organic / Mental Disorders

C. Medical Surgical Nursing Across the Lifespan

- a. Oncology
- b. Peripheral Vascular Disease
- c. Hematology/Leukemia
- d. Dermatology
- e. Hypertension
- f. Chronic cardiac conditions of infants/children
- g. Chronic Neuromuscular Diseases
- h. Chronic Musculoskeletal Diseases
- i. Complementary Therapies
- j. Chronic Renal Disease
- k. Thermal Injuries
- l. EENT (eyes, ears, nose and throat)